

KZK laatste kans: Session: 2: COACH evaluation sheet for TEAM: IKZ

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ 13:45 The listed starttimes are indicative!

Coaches: Demeyere Linda HEADCOACH

Coaches: Vandeputte Debby

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 4: 200M BUTTERFLY WOMEN 11+					Heat:1, starttime: 14:00
Heat: 1/1 Lane : 4 Athlete: VELGHE LAURA					Q-time: 02:45:91
PB (50m pool): 02:45.06 Antwerpen 20/07/2025					PB (25m pool): 02:44.78 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.45	01:18.44	02:02.17	02:45.06	
	00:35.45	00:42.99	00:43.73	00:42.89	
					

Coach feedback:

Event number: 5: 200M BUTTERFLY MEN 11+					Heat:2, starttime: 14:09
Heat: 2/2 Lane : 1 Athlete: VANBRABANT ESBEN					Q-time: 03:56:06
PB (50m pool): 03:56.06 Kortrijk 04/05/2025					PB (25m pool): 04:07.83 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:53.63	01:54.92	02:55.94	03:56.06	
	00:53.63	01:01.29	01:01.02	01:00.12	
					

Coach feedback:

Event number: 5: 200M BUTTERFLY MEN 11+					Heat:2, starttime: 14:09
Heat: 2/2 Lane : 7 Athlete: VANDEPUTTE JORBE					Q-time: 03:28:46
PB (50m pool): no time					PB (25m pool): 03:28.46 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

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Event number: 6: 200M MEDLEY MIXED 10-9					Heat:1, starttime: 14:14
Heat: 1/3 Lane : 4 Athlete: VANDAELE JULIET					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 6: 200M MEDLEY MIXED 10-9					Heat:2, starttime: 14:18
Heat: 2/3 Lane : 4 Athlete: DIERKENS HENRI					Q-time: 03:42:01
PB (50m pool): 03:42.01 Kortrijk 04/05/2025 PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:51.66	01:51.98	02:54.32	03:42.01	
	00:51.66	01:00.32	01:02.34	00:47.69	
					

Coach feedback:

Event number: 6: 200M MEDLEY MIXED 10-9					Heat:2, starttime: 14:18
Heat: 2/3 Lane : 5 Athlete: VANHEE NIEL					Q-time: 03:49:09
PB (50m pool): 03:49.09 Kortrijk 04/05/2025 PB (25m pool): 03:43.16 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:54.91	01:52.99	02:53.80	03:49.09	
	00:54.91	00:58.08	01:00.81	00:55.29	
					

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+					Heat:3, starttime: 14:37
Heat: 3/4 Lane : 2 Athlete: NOPPE PAULINE					Q-time: 02:44:96
PB (50m pool): 02:44.96 Antwerpen 20/07/2025 PB (25m pool): 02:38.11 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.85	01:21.63	02:04.07	02:44.96	
	00:38.85	00:42.78	00:42.44	00:40.89	
					

Coach feedback:

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Event number: 7: 200M BACKSTROKE WOMEN 11+					Heat:3, starttime: 14:37
Heat: 3/4 Lane : 3 Athlete: DEPUYDT HASSE					Q-time: 02:43:28
PB (50m pool): 02:43.28 Antwerpen 13/07/2025					PB (25m pool): 02:43.88 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.79	01:20.57	02:03.15	02:43.28	
	00:38.79	00:41.78	00:42.58	00:40.13	
					

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+					Heat:3, starttime: 14:37
Heat: 3/4 Lane : 5 Athlete: SCHACHT HANNE					Q-time: 02:42:88
PB (50m pool): 02:42.88 Antwerp 26/01/2025					PB (25m pool): 02:32.91 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.54	01:18.17	02:01.53	02:42.88	
	00:36.54	00:41.63	00:43.36	00:41.35	
					

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+					Heat:4, starttime: 14:41
Heat: 4/4 Lane : 7 Athlete: VELGHE LAURA					Q-time: 02:35:85
PB (50m pool): 02:35.85 Antwerpen 20/07/2025					PB (25m pool): 02:30.64 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.63	01:17.07	01:57.09	02:35.85	
	00:36.63	00:40.44	00:40.02	00:38.76	
					

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN 11+					Heat:3, starttime: 14:54
Heat: 3/7 Lane : 2 Athlete: STEEN REMI					Q-time: 03:43:36
PB (50m pool): no time					PB (25m pool): 03:43.36 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

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Event number: 8: 200M BACKSTROKE MEN 11+					Heat:3, starttime: 14:54
Heat: 3/7 Lane : 3 Athlete: VANBRABANT ESBEN					Q-time: 03:32:46
PB (50m pool): 03:32.46 Lago Kortrijk Weide 28/04/2024 PB (25m pool): 03:09.40 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:32.46	
	no time				
					

Coach feedback:

Event number: 9: 200M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 15:23
Heat: 3/4 Lane : 4 Athlete: VERSTRAETE LINDE					Q-time: 03:09:24
PB (50m pool): 03:09.24 Kortrijk 04/05/2025 PB (25m pool): 03:12.31 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.71	01:31.39	02:21.03	03:09.24	
	00:42.71	00:48.68	00:49.64	00:48.21	
					

Coach feedback:

Event number: 9: 200M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 15:23
Heat: 3/4 Lane : 6 Athlete: DE WEVER MAUD					Q-time: 03:16:76
PB (50m pool): 03:16.76 Kortrijk 04/05/2025 PB (25m pool): 03:09.98 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.93	01:35.38	02:26.38	03:16.76	
	00:43.93	00:51.45	00:51.00	00:50.38	
					

Coach feedback:

Event number: 10: 200M BREASTSTROKE MEN 11+					Heat:2, starttime: 15:35
Heat: 2/4 Lane : 8 Athlete: DEGEZELLE LEON					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

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Event number: 11: 200M FREESTYLE WOMEN 11+					Heat:1, starttime: 15:57
Heat: 1/3 Lane : 3 Athlete: DECOUTERE EMMA					Q-time: 02:57:56
PB (50m pool): no time					PB (25m pool): 02:57.56 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 11: 200M FREESTYLE WOMEN 11+					Heat:2, starttime: 16:01
Heat: 2/3 Lane : 3 Athlete: NOPPE PAULINE					Q-time: 02:29:12
PB (50m pool): 02:29.12 Kortrijk 04/05/2025					PB (25m pool): 02:23.04 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.52	01:12.99	01:52.35	02:29.12	
	00:34.52	00:38.47	00:39.36	00:36.77	
					

Coach feedback:

Event number: 11: 200M FREESTYLE WOMEN 11+					Heat:3, starttime: 16:04
Heat: 3/3 Lane : 6 Athlete: SCHACHT HANNE					Q-time: 02:19:85
PB (50m pool): 02:19.85 Antwerpen 20/07/2025					PB (25m pool): 02:15.41 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.51	01:07.14	01:44.02	02:19.85	
	00:31.51	00:35.63	00:36.88	00:35.83	
					

Coach feedback:

Event number: 11: 200M FREESTYLE WOMEN 11+					Heat:3, starttime: 16:04
Heat: 3/3 Lane : 8 Athlete: DEPUYDT HASSE					Q-time: 02:25:24
PB (50m pool): 02:25.24 Antwerpen 13/07/2025					PB (25m pool): 02:22.05 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.19	01:10.02	01:48.32	02:25.24	
	00:33.19	00:36.83	00:38.30	00:36.92	
					

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Event number: 12: 200M FREESTYLE MEN 11+					Heat:1, starttime: 16:07
Heat: 1/4 Lane : 4 Athlete: HAJDARPASIC OMER					Q-time: 02:58:15
PB (50m pool): no time PB (25m pool): 02:58.15 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 12: 200M FREESTYLE MEN 11+					Heat:2, starttime: 16:11
Heat: 2/4 Lane : 1 Athlete: SINNESAEEL CASPER					Q-time: 02:48:87
PB (50m pool): 02:48.87 Antwerpen 13/07/2025 PB (25m pool): 02:40.58 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.26	01:23.55	02:07.65	02:48.87	
	00:40.26	00:43.29	00:44.10	00:41.22	
					

Coach feedback:

Event number: 13: 200M MEDLEY WOMEN 11+					Heat:1, starttime: 16:21
Heat: 1/6 Lane : 4 Athlete: DECOUTERE EMMA					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 13: 200M MEDLEY WOMEN 11+					Heat:4, starttime: 16:33
Heat: 4/6 Lane : 7 Athlete: DE WEVER MAUD					Q-time: 03:00:94
PB (50m pool): 03:00.94 Brugge 23/02/2025 PB (25m pool): 02:49.58 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.55	01:30.21	02:21.77	03:00.94	
	00:41.55	00:48.66	00:51.56	00:39.17	
					

Coach feedback:

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Event number: 13: 200M MEDLEY WOMEN 11+					Heat:5, starttime: 16:36
Heat: 5/6 Lane : 7 Athlete: VERSTRAETE LINDE					Q-time: 02:48:23
PB (50m pool): 02:48.23 Antwerpen 20/07/2025					PB (25m pool): 02:41.21 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.52	01:20.39	02:10.12	02:48.23	
	00:35.52	00:44.87	00:49.73	00:38.11	
					

Coach feedback:

Event number: 14: 200M MEDLEY MEN 11+					Heat:1, starttime: 16:43
Heat: 1/7 Lane : 8 Athlete: DEGEZELLE LEON					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 14: 200M MEDLEY MEN 11+					Heat:2, starttime: 16:47
Heat: 2/7 Lane : 1 Athlete: SINNESAEEL CASPER					Q-time: 03:20:98
PB (50m pool): 03:20.98 Antwerpen 13/07/2025					PB (25m pool): 03:06.28 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:50.80	01:38.25	02:39.19	03:20.98	
	00:50.80	00:47.45	01:00.94	00:41.79	
					

Coach feedback:

Event number: 14: 200M MEDLEY MEN 11+					Heat:2, starttime: 16:47
Heat: 2/7 Lane : 8 Athlete: STEEN REMI					Q-time: 03:23:75
PB (50m pool): 03:23.75 Antwerpen 13/07/2025					PB (25m pool): 03:17.85 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:53.09	01:45.25	02:41.98	03:23.75	
	00:53.09	00:52.16	00:56.73	00:41.77	
					

Coach feedback:

KZK laatste kans: Session: 2: COACH evaluation sheet for TEAM: IKZ

Event number: 14: 200M MEDLEY MEN 11+					Heat:3, starttime: 16:51
Heat: 3/7 Lane : 2 Athlete: HAJDARPASIC OMER					Q-time: 03:03:18
PB (50m pool): no time					PB (25m pool): 03:03.18 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 14: 200M MEDLEY MEN 11+					Heat:4, starttime: 16:55
Heat: 4/7 Lane : 3 Athlete: VANDEPUTTE JORBE					Q-time: 02:54:04
PB (50m pool): 02:54.04 Antwerpen 20/07/2025					PB (25m pool): 02:46.97 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.70	01:26.16	02:16.61	02:54.04	
	00:39.70	00:46.46	00:50.45	00:37.43	
					

Coach feedback: